



Sean F. Mungovan

Principal Physiotherapist, Australian Netball Team Physiotherapist
Assistant Professor, Bond University, NSW Swifts Team Physiotherapist
Australian Netball Diamonds Team Physiotherapist

Areas of Clinical Interest

Orthopaedic, Neurosurgical and Sports Physiotherapy, Mens Health, Clinical Research, Exercise Physiology, Inpatient and Outpatient Physiotherapy Services

Academic Qualifications

2004 - Master of Philosophy, Griffith University

Thesis: The effects of elevation and venous occlusion pressure on cardiac function in physically active men who are paraplegic

1990 - Bachelor of Applied Science (Physiotherapy)
Faculty of Health Sciences
The University of Sydney

Academic Appointments

Assistant Professor
Faculty of Health Sciences and Medicine
Bond University, Queensland

Publications & Conference Presentations

- 2008 Supervised moderate intensity exercise improves distance walked at hospital discharge following coronary artery bypass graft surgery – A randomised controlled trial.
A.D Hirschhorn, D. Richards, S.F Mungovan, N.R Morris, L. Adams. Heart Lung and Circulation 17:129-139), 2008.
- 2005 Physiotherapy outcome measurement in coronary artery bypass graft surgery.
A.D Hirschhorn, D. Richards, S.F. Mungovan, N. Morris and L. Adams
Poster Presentation:
Cardiac Society of Australia and New Zealand Annual Scientific Meeting, Perth
- 2003 Physiotherapy following arthroscopic rotator cuff repair surgery: Protection of the repair and accelerated rehabilitation.
Invited speaker: St George Orthopaedic Research Institute

- 2003 The safe application and test-retest reliability of a modified six minute walk assessment prior to coronary artery bypass graft surgery.
S.F. Mungovan, A.D Hirschhorn and A.J. Thomas
Oral Presentation: World Confederation of Physical Therapy Barcelona, Spain.
- 2003 A comparison of pre-operative and post-operative submaximal exercise performance in patients undergoing median sternotomy for coronary artery bypass graft surgery.
S.F. Mungovan, A.D Hirschhorn and A.J. Thomas
Oral Presentation: World Confederation of Physical Therapy Barcelona, Spain.
- 2002 Submaximal exercise testing and performance in patients undergoing median sternotomy for coronary artery bypass graft surgery.
S.F. Mungovan, A.D Hirschhorn and A.J. Thomas
Poster Presentation: Australasian Society for Cardiac and Thoracic Surgeons
- 1994 Physiotherapy in stroke rehabilitation: Bases for Australian Physiotherapists' choice of treatment.
J.H.Carr, S.F. Mungovan, R.B. Shepherd, C.M. Dean and L.A. Nordholm. Physiotherapy Theory and Practice, 1994 Vol 10:201
- 1992 An investigation into the effects of a lumbar support device on EMG activity of paraspinal muscles during relaxed unsupported sitting
S.F. Mungovan and R. H. Mushet.
Oral presentation: Australian Physiotherapy Association National Conference Adelaide, South Australia
- 1990 The effects of patellofemoral taping on EMG activity and torques produced around the knee joint during standing from a seated position.
Sean. F. Mungovan, E. Henley, A. Renton and G. Turner. Oral Presentation: World Confederation of Physical Therapy London

Our physiotherapy services are available at:

Sports Physiotherapy &
Work Rehabilitation Centre
111 Lethbridge St
Penrith NSW 2750
Tel (02) 4721 5788
www.penrithphysio.com.au

Central West Orthopaedic &
Sports Physiotherapy
Suite 203, 30 Campbell St
Blacktown NSW 2148
Tel (02) 9672 3511
www.centralwestphysio.com.au

Westmead Private
Physiotherapy Services
Westmead Specialist Centre
Suite 6, 16-18 Mons Rd
Westmead NSW 2145
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Professional Memberships

Australian Physiotherapy Association
Member of the Private Practitioners Group of the Australian Physiotherapy Association
Member of the Sports Physiotherapy, Manual Therapy and Hydrotherapy Special Interest Groups of the Australian Physiotherapy Association

Areas of Interest

Team Physiotherapy Services

- NSW Swifts
- Australian Netball Diamonds

Marathon Running
Travelling, especially Brazil and visiting New York City

moving
through life

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