



Kylie Jorgensen

Associate Physiotherapist, Norwest Orthopaedic & Sports Physiotherapy
B.App.Sc. (Phy), APAM

Areas of Clinical Interest

- Rehabilitation of injuries of the hand and upper limb, including complex trauma
- Fracture management
- Post-surgical physiotherapy
- Orthopaedic and sports physiotherapy

Academic Qualifications

- 2006: Therapy in Disorders of Hand (Post Graduate Unit of Study), University of Sydney
- 1999: Bachelor of Applied Science (Physiotherapy), University of Sydney

Registration

- Physiotherapists Registration Board of Australia (Australian Health Practitioner Regulation Agency)

Professional Memberships

- Australian Physiotherapy Association
- Sports Physiotherapy Australia

External Presentations

- Measurement of wrist joint range of motion using the HALO digital goniometer – The Australian Hand Therapy Association, National Conference 2014.

Professional Development Courses

- Australian Hand Therapy Association, National Conference 2013 & 2014
- Sports Level 1 2014
- Flexor Tendon Injury Workshop (Rosemary Prosser)
- Extensor Tendon Injury Workshop (Sydney Hospital)

- Management of Hand Fractures (Sydney Hospital)
- Radiology Update Interpretations and Prognosis
- Static Splinting Workshop
- Dynamic Splinting Workshop
- Synthetic Casting Workshop (Robert Vragovski)
- Wound Care for Hand Therapists (Royal Prince Alfred Hospital)
- Lateral Epicondylalgia (Bill Vicenzino)
- Foot and Ankle Update
- The Everyday Shoulder (Craig Allingham)
- Chronic Pelvic Pain (The Royal Hospital for Women)
- Maternity Ward Workshop (The Royal Hospital for Women)
- Exercise and the Pelvic Floor (The Continence Foundation of Australia)
- Continence Foundation of Australia, NSW Conference 2014
- The Role of Upper Cervical Dysfunction in Headache (Dean Watson)
- Optimising Biomechanics in Cycling and Running (Trish Wisbey-Roth)
- The Mulligan Concept – Lower Quarter

Outside Interests

- Equestrian sports
- Mountain biking
- Yoga

moving
through life

StaffBio035, Ver 1, Jan 15

Our physiotherapy services are available at:

Sports Physiotherapy &
Work Rehabilitation Centre
111 Lethbridge St
Penrith NSW 2750
Tel (02) 4721 5788
www.penrithphysio.com.au

Central West Orthopaedic &
Sports Physiotherapy
Suite 203, 30 Campbell St
Blacktown NSW 2148
Tel (02) 9672 3511
www.centralwestphysio.com.au

Westmead Private
Physiotherapy Services
Westmead Specialist Centre
Suite 6, 16-18 Mons Rd
Westmead NSW 2145
Tel (02) 9633 1035
www.westmeadphysio.com.au

Norwest Orthopaedic &
Sports Physiotherapy
Suite 117 Sky City,
20B Lexington Dr
Bella Vista NSW 2153
Tel (02) 8814 5551
www.norwestphysio.com.au