



# Mitchell Cook

Associate Physiotherapist  
Westmead Private Physiotherapy Services  
DPT, B.App.Sc. (OT)

## Areas of Clinical Interest

- Musculoskeletal and sports physiotherapy
- Physiotherapy pre and post bariatric surgery
- Men's Health Physiotherapy
- Strength and conditioning
- Knee and ankle pathologies

## Academic Qualifications

2016: Doctor of Physiotherapy (Macquarie University)  
2012: Bachelor of Applied Sciences (Occupational Therapy)

## Registration

Australian Health Professionals Regulation Agency

## Professional Memberships

Australian Physiotherapy Association

## Publications

- Comparison of inter-arm difference between brachial and derived aortic blood pressure. International Society of Hypertension - *Alberto P Avolio, Davis A Theobald, Mitchell T D Cook, Karen Peebles, Mark Butlin*

## Professional Development

- Sports Physiotherapy Level 1
- The Mulligans Concept – Lower Quadrant
- SMA Sports Trainer Level 1

## Personal Interests

- Family and Friends
- Football
- Exercise
- Music

moving  
through life

StaffBio059 Ver 1, July 17

## Our physiotherapy services are available at:

Sports Physiotherapy &  
Work Rehabilitation Centre  
Suite 8 Broadwalk Arcade  
458-470 High St  
Perth NSW 2750  
Tel (02) 4721 5788  
[www.perthphysio.com.au](http://www.perthphysio.com.au)

Central West Orthopaedic &  
Sports Physiotherapy  
Suite 203, 30 Campbell Street  
Blacktown NSW 2148  
Tel (02) 9672 3511  
[www.centralwestphysio.com.au](http://www.centralwestphysio.com.au)

Westmead Private  
Physiotherapy Services  
Cnr Mons & Darcy Roads  
Westmead NSW 2145  
Tel (02) 8837 9000  
[www.westmeadphysio.com.au](http://www.westmeadphysio.com.au)

Norwest Orthopaedic &  
Sports Physiotherapy  
Suite 117 Sky City, 20B Lexington Drive  
Bella Vista NSW 2153  
Tel (02) 8814 5551  
[www.norwestphysio.com.au](http://www.norwestphysio.com.au)