



# Kieran Lorraine

Associate Physiotherapist, Central West Orthopaedic & Sports Physiotherapy &  
Sports Physiotherapy & Work Rehabilitation - Penrith

## Areas of Clinical Interest

Orthopaedics  
Sports and musculoskeletal  
Sporting and throwing shoulder injuries  
Hand Therapy

## Outside Interests

- Rugby League
- Cricket
- Family and gardening

## Academic Qualifications

2000: Bachelor of Health Sciences  
University of Western Sydney

2006: Bachelor of Applied Science (Physiotherapy)  
Sydney University

## Registration

Australian Health Practitioner Regulation Agency (AHPRA)

## Further Education

- Level 1 Sports
- Level 2 Sports
- Allingham Sporting Shoulder
- Sporting Hand and Wrist

## Team Appointments

- ARL Junior Kangaroos
- NSW Universities Rugby League
- NSW Tertiary Rugby League

moving  
through life

StaffBio021, Ver 2, Jan 13

## Our physiotherapy services are available at:

Sports Physiotherapy &  
Work Rehabilitation Centre  
111 Lethbridge Street  
Penrith NSW 2750  
Tel (02) 4721 5788  
[www.penrithphysio.com.au](http://www.penrithphysio.com.au)

Central West Orthopaedic &  
Sports Physiotherapy  
Suite 203, 30 Campbell Street  
Blacktown NSW 2148  
Tel (02) 9672 3511  
[www.centralwestphysio.com.au](http://www.centralwestphysio.com.au)

Westmead Private  
Physiotherapy Services  
Cnr Mons & Darcy Roads  
Westmead NSW 2145  
Tel (02) 8837 9000  
[www.westmeadphysio.com.au](http://www.westmeadphysio.com.au)

Norwest Orthopaedic &  
Sports Physiotherapy  
Suite 117 Sky City, 20B Lexington Drive  
Bella Vista NSW 2153  
Tel (02) 8814 5551  
[www.norwestphysio.com.au](http://www.norwestphysio.com.au)