



Lisa Bachmayer

Associate Physiotherapist
Norwest Orthopaedic & Sports Physiotherapy - Bella Vista
B. App.Sc.(OT), Occupational Therapist, Hand Therapy

Areas of Clinical Interest

- Hand and upper limb rehabilitation post-surgery or trauma
- Customised upper limb splinting and bracing
- Neurological rehabilitation

Academic Qualifications

2010: Bachelor of Applied Sciences (Occupational therapy), Sydney University

2014: Hand and upper limb (HAUL) rehabilitation paper, Auckland University Technology

Registration

Australian Health Professionals Regulation Agency

Professional Memberships

Australian Hand Therapy Association (AHTA) – Associate member

Professional Development

- 2017 Integrated Dry Needling course
- 2016 AHTA National Conference
- 2016 AHTA Fundamental of Hand Therapy course
- 2014 Advanced splinting workshop (NZ)
- 2014 Auckland university of technology Hand and upper limb rehabilitation paper

Personal Interests

- Trekking
- Muay Thai boxing and martial arts
- Spanish language

moving
through life

StaffBio058 Ver 1, July 17

Our physiotherapy services are available at:

Sports Physiotherapy &
Work Rehabilitation Centre
111 Lethbridge Street
Penrith NSW 2750
Tel (02) 4721 5788
www.penrithphysio.com.au

Central West Orthopaedic &
Sports Physiotherapy
Suite 203, 30 Campbell Street
Blacktown NSW 2148
Tel (02) 9672 3511
www.centralwestphysio.com.au

Westmead Private
Physiotherapy Services
Cnr Mons & Darcy Roads
Westmead NSW 2145
Tel (02) 8837 9000
www.westmeadphysio.com.au

Norwest Orthopaedic &
Sports Physiotherapy
Suite 117 Sky City, 20B Lexington Drive
Bella Vista NSW 2153
Tel (02) 8814 5551
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