



Kieran Lorraine

**BA Health Sciences, B.App.Sc. (Phty), Hand Therapy
Associate Physiotherapist, Central West Orthopaedic & Sports Physiotherapy &
Sports Physiotherapy & Work Rehabilitation - Penrith**

Areas of Clinical Interest

- Hand Therapy
- Orthopaedics
- Sports and musculoskeletal
- Sporting and throwing shoulder injuries
- Post-Surgical Orthopaedic Plastic and Hand Surgery

- Allingham Sporting Shoulder
- Sporting Hand and Wrist
- DNP 1

Academic Qualifications

2000: Bachelor of Health Sciences
University of Western Sydney

2006: Bachelor of Applied Science (Physiotherapy)
Sydney University

Conferences Attended

- AHTA Conference

Personal Interests

- Rugby League
- Cricket
- Family and Gardening

Registration

- Australian Health Practitioner Regulation Agency (AHPRA)
- Australian Hand Therapy Association (AHTA)

Teams Worked With

- Rugby League, Ireland
- ARL Junior Kangaroos
- NSW Universities Rugby League
- NSW Tertiary Rugby League

Professional Development Courses Completed

- Jeremy Lewis Shoulder Course
- Fundamentals Hand Therapy
- Wound Management
- Dry Needling
- Dynamic Taping
- Splinting
- Radiology
- Level 1 Sports
- Level 2 Sports

moving
through life

StaffBio021, Ver 4, Feb 17

Our physiotherapy services are available at:

Sports Physiotherapy &
Work Rehabilitation Centre
Suite 8 Broadwalk Arcade
458-470 High St
Penrith NSW 2750
Tel (02) 4721 5788
www.penrithphysio.com.au

Central West Orthopaedic &
Sports Physiotherapy
Suite 203, 30 Campbell Street
Blacktown NSW 2148
Tel (02) 9672 3511
www.centralwestphysio.com.au

Westmead Private
Physiotherapy Services
Cnr Mons & Darcy Roads
Westmead NSW 2145
Tel (02) 8837 9000
www.westmeadphysio.com.au

Norwest Orthopaedic &
Sports Physiotherapy
Suite 117 Sky City, 20B Lexington Drive
Bella Vista NSW 2153
Tel (02) 8814 5551
www.norwestphysio.com.au