



# Nicholas Iconomou

B.H.Sc. (Sp. Ex. Sc), DPT, Physiotherapist  
Sports Physiotherapy & Work Rehabilitation Centre - Penrith

## Areas of Clinical Interest

- Sports and musculoskeletal injury rehabilitation
- Sporting hip and groin injuries
- Knee and ankle pathologies
- Injury prevention and screening
- Strength and conditioning
- Football injury and rehabilitation

## Academic Qualifications

2016: Doctor of Physiotherapy, Macquarie University  
2012: Bachelor of Health Science (Sport and Exercise Science), Western Sydney University

## Registration

- Australian Health Practitioner Regulation Agency (AHPRA)

## Professional Memberships:

- Australian Physiotherapy Association
- Endorsed KNEE Program Provider

## Professional Development Courses Completed

- APA Sports Level 1
- SMA Sports Trainer Level 1

## Teams Worked With

- Penrith District Netball Association
- North Sydney Bears (NSW Cup), 2016, 2017
- Canberra Raiders NRL Internship 2016
- GWS Giants and Academy 2015
- Catholic Schools Netball Carnival 2016

## Personal Interests

- Snowboarding
- Guitar
- Gym
- Travel
- Rugby League

moving  
through life

StaffBio050, Ver 1, Feb 17

## Our physiotherapy services are available at:

Sports Physiotherapy &  
Work Rehabilitation Centre  
Suite 8 Broadwalk Arcade  
458-470 High St  
Penrith NSW 2750  
Tel (02) 4721 5788  
www.penrithphysio.com.au

Central West Orthopaedic &  
Sports Physiotherapy  
Suite 203, 30 Campbell Street  
Blacktown NSW 2148  
Tel (02) 9672 3511  
www.centralwestphysio.com.au

Westmead Private  
Physiotherapy Services  
Cnr Mons & Darcy Roads  
Westmead NSW 2145  
Tel (02) 8837 9000  
www.westmeadphysio.com.au

Norwest Orthopaedic &  
Sports Physiotherapy  
Suite 117 Sky City, 20B Lexington Drive  
Bella Vista NSW 2153  
Tel (02) 8814 5551  
www.norwestphysio.com.au