



Jeffrey Yuen

Associate Physiotherapist
Central West Orthopaedic & Sports Physiotherapy, Blacktown
B.App.Sc (Ex&SpSc), DPT

Areas of Clinical Interest

- Sports and musculoskeletal physiotherapy
- Acute shoulder pathologies
- Knee injuries and rehabilitation
- Return to sport
- Strength and conditioning

Academic Qualifications

- 2016: Doctor of Physiotherapy, Macquarie University
2013: Bachelor of Applied Science (Exercise & Sport Science), University of Sydney

Registration

- Australian Health Practitioner Regulation Agency (AHPRA)

Professional Memberships

- Australian Physiotherapy Association

Continuing Professional Development

- Integrated Sports Dry Needling Level 1
- McKenzie Mechanical Diagnosis and Therapy - Part A
- Sports Medicine Australia – Sports Trainer Level 1

Personal Interests

- Soccer
- Gym
- Travelling
- Swimming

moving
through life

StaffBio064, Ver 1, April 18

Our physiotherapy services are available at:

Sports Physiotherapy &
Work Rehabilitation Centre
Suite 8 Broadwalk Arcade
458-470 High St
Penrith NSW 2750
Tel (02) 4721 5788
www.penrithphysio.com.au

Central West Orthopaedic &
Sports Physiotherapy
Suite 203, 30 Campbell St
Blacktown NSW 2148
Tel (02) 9672 3511
www.centralwestphysio.com.au

Westmead Private
Physiotherapy Services
Westmead Specialist Centre
Suite 6, 16-18 Mons Rd
Westmead NSW 2145
Tel (02) 9633 1035
www.westmeadphysio.com.au

Norwest Orthopaedic &
Sports Physiotherapy
Suite 117 Sky City,
20B Lexington Dr
Bella Vista NSW 2153
Tel (02) 8814 5551
www.norwestphysio.com.au