



Allan Kent

Associate Physiotherapist
Sports Physiotherapy & Work Rehabilitation Centre, Penrith
B.Phty

Areas of Clinical Interest

- Concussion
- Sports injuries
- Orthopaedics
- Paediatrics
- Strength and conditioning
- Geriatrics (aged care)

Academic Qualifications

2017: Bachelor of Physiotherapy
(Australian Catholic University)

Registration

- Australian Health Practitioner Regulation Agency (AHPRA)

Professional Memberships

- Australian Physiotherapy Association

Teams Worked With

- St George Illawarra Dragons
- Grove Racing Team
- Bathurst Bulldogs Rugby Club
- Western NSW Mariners Soccer Club
- Charles Sturt University Rugby Club
- St Stanislaus College Rugby Union
- Crossfit Regionals
- Australian Transplant Games
- Penrith District Netball Association
- Panthers Netball

Educational experience

- Lecturer and tutor Charles Sturt University (Physiotherapy and Masters of Exercise and Sports Science)

Professional Development Courses Completed

- Mulligans Concept Upper Quadrant
- Level 1 Sports Physiotherapy
- Level 2 Sports Physiotherapy
- Sports Traiiner Level 1
- Taping Level 1
- Healthstrong Training Academia

Conferences

- APA Conference 2017

Personal Interests

- Basketball
- Rugby league and union
- Guitar
- Travel
- Reading
- Rotary

Volunteer Physiotherapy

- Mercy Ships
- YWAM

moving
through life

StaffBio068, Ver 2, Jan 19

Our physiotherapy services are available at:

Sports Physiotherapy &
Work Rehabilitation Centre
Suite 8 Broadwalk Arcade
458-470 High St
Penrith NSW 2750
Tel (02) 4721 5788
www.penrithphysio.com.au

Central West Orthopaedic &
Sports Physiotherapy
Suite 203, 30 Campbell St
Blacktown NSW 2148
Tel (02) 9672 3511
www.centralwestphysio.com.au

Westmead Private
Physiotherapy Services
Westmead Specialist Centre
Suite 6, 16-18 Mons Rd
Westmead NSW 2145
Tel (02) 9633 1035
www.westmeadphysio.com.au

Norwest Orthopaedic &
Sports Physiotherapy
Suite 117 Sky City,
20B Lexington Dr
Bella Vista NSW 2153
Tel (02) 8814 5551
www.norwestphysio.com.au