



# Sai Lavanya Tummi

**Associate Physiotherapist**  
**Sports Physiotherapy & Work Rehabilitation Centre, Penrith**  
**B.Phty**

## Areas of Clinical Interest

- Hand therapy
- Hydrotherapy
- Musculoskeletal physiotherapy
- Balance and conditioning
- Neurological pathologies
- Post-operative rehabilitation

## Personal Interests

- Water Sports
- Swimming
- Travelling
- Baking
- Spending time with family and friends

## Academic Qualifications

2017: Bachelor of Physiotherapy  
(Charles Sturt University)

## Registration

- Australian Health Practitioner Regulation Agency (AHPRA)

## Professional Memberships

- Australian Physiotherapy Association

## Continuing Professional Development

- Sports Trainer Level 1, 2015
- Introduction to basic massage (APA), 2015
- Kinesiology Taping Course: Rock Tape 1, 2014
- APA Level 1 Sports Physiotherapy Course, 2018
- Jeremy Lewis - The Shoulder Theory and Practice, 2018
- Fundamentals of Hand Therapy (AHTA)

moving  
through life

StaffBio066, Ver 2, Jan 19

## Our physiotherapy services are available at:

Sports Physiotherapy &  
Work Rehabilitation Centre  
Suite 8 Broadwalk Arcade  
458-470 High St  
Penrith NSW 2750  
**Tel (02) 4721 5788**  
[www.penrithphysio.com.au](http://www.penrithphysio.com.au)

Central West Orthopaedic &  
Sports Physiotherapy  
Suite 203, 30 Campbell St  
Blacktown NSW 2148  
**Tel (02) 9672 3511**  
[www.centralwestphysio.com.au](http://www.centralwestphysio.com.au)

Westmead Private  
Physiotherapy Services  
Westmead Specialist Centre  
Suite 6, 16-18 Mons Rd  
Westmead NSW 2145  
**Tel (02) 9633 1035**  
[www.westmeadphysio.com.au](http://www.westmeadphysio.com.au)

Norwest Orthopaedic &  
Sports Physiotherapy  
Suite 117 Sky City,  
20B Lexington Dr  
Bella Vista NSW 2153  
**Tel (02) 8814 5551**  
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