



Lauren Nicola

Senior Associate Physiotherapist
Westmead Private Physiotherapy Services
B.Hlth.Sc., M.Phty

Areas of Clinical Interest

- Cardiothoracic clinical research
- Critical care physiotherapy
- Management of scoliosis reconstructive surgery
- Cardiac and respiratory physiotherapy
- Clinical Education

Academic Qualifications

2011: Bachelor of Health Sciences, Faculty of Health Sciences, The University of Sydney

2013: Master of Physiotherapy, Faculty of Health Sciences, The University of Sydney

Registration

- Australian Health Practitioner Regulation Agency (AHPRA)

Professional Memberships

Australian Physiotherapy Association

Volunteer Experience

Open Heart International - Tanzania 2018

Professional Development

- ANZSCTS Conference, 2018, Noosa
- Tricky Tracheostomies, 2018, Sydney
- ATCSA Conference, 2017, Melbourne
- APA Conference, 2017, Sydney
- Alfred Advanced Mechanical Ventilation Conference, 2017, Melbourne
- Cardiorespiratory Masterclass, 2016, Sydney
- SEPA Shoulder Seminar, 2015, Sydney
- APA Conference, 2015, Gold Coast
- Cardiorespiratory Physiotherapy Level 1, 2014, Sydney
- APPI Pilates Matwork Level 1, 2014, Sydney

Personal Interests

- Family and friends
- Sports and hiking
- Travel
- Health and fitness

moving
through life

StaffBio037, Ver 4, Feb 19

Our physiotherapy services are available at:

Sports Physiotherapy &
Work Rehabilitation Centre
Suite 8 Broadwalk Arcade
458-470 High St
Penrith NSW 2750
Tel (02) 4721 5788
www.penrithphysio.com.au

Central West Orthopaedic &
Sports Physiotherapy
Suite 203, 30 Campbell Street
Blacktown NSW 2148
Tel (02) 9672 3511
www.centralwestphysio.com.au

Westmead Private
Physiotherapy Services
Cnr Mons & Darcy Roads
Westmead NSW 2145
Tel (02) 8837 9000
www.westmeadphysio.com.au

Norwest Orthopaedic &
Sports Physiotherapy
Suite 117 Sky City, 20B Lexington Drive
Bella Vista NSW 2153
Tel (02) 8814 5551
www.norwestphysio.com.au