



# Stephanie Leeson (nee Randall)

**B.H.Sc. (Human Movement), M.Phty, Physiotherapist**  
**Sports Physiotherapy & Work Rehabilitation Centre - Penrith**

## Areas of Clinical Interest

- Sports and musculoskeletal physiotherapy and injuries
- Netball injuries
- Ankle and knee pathologies
- Pre and post operative care
- Vestibular physiotherapy
- Splinting / casting

## Academic Qualifications

2014: Masters of Physiotherapy  
University of Sydney

2012: Bachelor of Health Science  
(Major in Human Movement)  
University of Sydney

## Registration

- Australian Health Practitioner Regulation Agency (AHPRA)

## Professional Memberships

- Australian Physiotherapy Association (APA)
- Endorsed KNEE Program Provider

## Teams Worked With

- Panthers Premier League Netball Physiotherapist 2016/2017/2018
- Penrith State Age Teams Netball 2015/2017/2018
- Penrith State Teams Netball 2016
- Blacktown Rugby Union 2014
- Penrith Netball Association
- National School Girls WA Team Physiotherapist 2015 (Netball)
- Softball NSW U19's Women's Team Physiotherapist 2018
- Asia Pacific Cup (APC) Australian Women's Softball Team Physiotherapist 2018
- Hockey NSW Women's U15's Team Physiotherapist 2017/2018

## Professional Development Courses Completed

- APA Sports Level 2 2017
- Matthew Stewart Foot and Ankle Course 2016
- Lyn Watson Shoulder Course 2016
- Dry Needling Level 1 Course 2016
- Plastering 2014
- Soft Tissue mobilisation 2014
- APA Sports Level 1 2015
- APPI Pilates Mat work Level 1 2015
- SEPA Seminar 2015
- Injury Prevention in Netballers 2015 (Alanna Antcliff)
- Explain Pain 2018
- NOTSA Conference 2018

## Personal Interests

- Netball
- Snowboarding

moving  
through life

StaffBio040, Ver 5, Jan 19

Our physiotherapy services are available at:

Sports Physiotherapy &  
Work Rehabilitation Centre  
Suite 8 Broadwalk Arcade  
458-470 High St  
Penrith NSW 2750  
Tel (02) 4721 5788  
www.penrithphysio.com.au

Central West Orthopaedic &  
Sports Physiotherapy  
Suite 203, 30 Campbell Street  
Blacktown NSW 2148  
Tel (02) 9672 3511  
www.centralwestphysio.com.au

Westmead Private  
Physiotherapy Services  
Cnr Mons & Darcy Roads  
Westmead NSW 2145  
Tel (02) 8837 9000  
www.westmeadphysio.com.au

Norwest Orthopaedic &  
Sports Physiotherapy  
Suite 117 Sky City, 20B Lexington Drive  
Bella Vista NSW 2153  
Tel (02) 8814 5551  
www.norwestphysio.com.au