



Tenielle Tritsaris

Associate Physiotherapist
Westmead Private Physiotherapy Services
B.Physiotherapy (Honours)

Areas of Clinical Interest

- Cardiorespiratory physiotherapy
- Management of scoliosis reconstructive surgery
- Vestibular rehabilitation
- Orthopaedic post operative management, interest in foot and ankle
- Paediatrics - gross motor delay assessments, orthopaedic conditions, including management hip dysplasia, casting

Personal Interests

- Fitness
- Family and friends
- Camping
- AFL

Academic Qualifications

2015: Bachelor of Physiotherapy (Honours)

Registration

- Australian Health Practitioner Regulation Agency (AHPRA)

Professional Memberships

- Australian Physiotherapy Association

Continuing Professional Development

- Matwork Level 1 APPI Pilates Course
- Female Pelvic Floor Workshop
- Cardiopulmonary Level 1 Course
- Paediatrics level 1 course
- Introduction to Vestibular Rehabilitation
- Paediatric Physiotherapy Level 1
- Sports Physiotherapy Level 1
- Complete & Advanced Upper Quadrant

moving
through life

StaffBio053, Ver 3, Feb 19

Our physiotherapy services are available at:

Sports Physiotherapy &
Work Rehabilitation Centre
Suite 8 Broadwalk Arcade
458-470 High St
Penrith NSW 2750
Tel (02) 4721 5788
www.penrithphysio.com.au

Central West Orthopaedic &
Sports Physiotherapy
Suite 203, 30 Campbell St
Blacktown NSW 2148
Tel (02) 9672 3511
www.centralwestphysio.com.au

Westmead Private
Physiotherapy Services
Westmead Specialist Centre
Suite 6, 16-18 Mons Rd
Westmead NSW 2145
Tel (02) 9633 1035
www.westmeadphysio.com.au

Norwest Orthopaedic &
Sports Physiotherapy
Suite 117 Sky City,
20B Lexington Dr
Bella Vista NSW 2153
Tel (02) 8814 5551
www.norwestphysio.com.au