



Nisha Thacker

Accredited Practising Dietitian (APD), Accredited Nutritionist (AN)
Western Sydney Nutrition and Dietetics
Master of Nutrition and Dietetics

Accredited
Practising
Dietitian



Accredited
Nutritionist



Areas of Clinical Interest

- Nutritional management in Gastroenterological conditions
- Nutritional management in Gestational Diabetes
- Nutritional management in Diabetes (Type 2, Type 1)
- Antenatal nutritional management
- Paediatric nutritional management
- Weight management

Academic Qualifications

- 2011: Masters of Nutrition and Dietetics
Griffith University, Gold Coast, QLD
- 2008: Post Graduate Diploma in Clinical Nutrition
(majors: Critical Care Nutrition)
S.N.D.T. University, Mumbai, India
- 2006: Bachelor of Home Science (majors: Food, Nutrition & Dietetics)
Mumbai University, Mumbai, India

Registration

Member of Dietitian Association of Australia
Accredited Practising Dietitian (APD) &
Accredited Nutritionist (AN)

Additional Professional Developments

- 2019: Paediatric Nutrition course (Royal Children's Hospital, Melbourne)
- 2018: Low FODMAP Dietitian course (Monash University, Melbourne)
- 2017: SOS Approach to feeding (by Dr Kay Toomey & Dr Erin Ross)
- 2014: ISAK Level 1 Anthropometry related study

I have been working in the area of nutrition and dietetics since 2012. I have always used evidenced based scientific approach to provide nutritional interventions that are simple, measurable, achievable, realistic, timely and individualised.

StaffBio076/Ver 1/March19

Our nutritional services are available at:

Sports Physiotherapy &
Work Rehabilitation Centre
Suite 8 Broadwalk Arcade
458-470 High Street
Penrith NSW 2750
Tel (02) 4721 5788
www.penrithphysio.com.au

Central West Orthopaedic &
Sports Physiotherapy
Suite 203, 30 Campbell St
Blacktown NSW 2148
Tel (02) 9672 3511
www.centralwestphysio.com.au

Westmead Private
Physiotherapy Services
Westmead Specialist Centre
Suite 6, 16-18 Mons Rd
Westmead NSW 2145
Tel (02) 9633 1035
www.westmeadphysio.com.au

Norwest Orthopaedic &
Sports Physiotherapy
Suite 117 Sky City, 20B Lexington Dr
Bella Vista NSW 2153
Tel (02) 8814 5551
www.norwestphysio.com.au