



Isabella Khoudair

B.App.Sc (Physiotherapy)

Westmead Private Physiotherapy Services

Areas of Clinical Interest

- Musculoskeletal physiotherapy
- Sports injury management
- Hand Therapy
- Acute and chronic injury management
- Pre- and post-operative management and rehabilitation
- Casting and splinting services

Personal Interests

- Family & friends
- Travel
- Running and fitness

Academic Qualifications

2018 Bachelor of Applied Science (Physiotherapy)
Sydney University

Registration

- Australian Health Professionals Regulation Agency

Professional Memberships

- Member of Australian Physiotherapy Association

Professional Development

- Sports Physiotherapy Level 1
- Essential Foot and Ankle Course
- Essential Knee Course
- Introduction to Hand Therapy Course
- 3D Assessment and Treatment of the Lumbar Spine and Pelvis
- Lyn Watson Level 1 Shoulder Course
- ACL Workshop

moving
through life

StaffBio081, Ver 2, Dec 20

Our physiotherapy services are available at:

Sports Physiotherapy &
Work Rehabilitation Centre
Suite 8 Broadwalk Arcade
458-470 High St
Penrith NSW 2750
Tel (02) 4721 5788
www.penrithphysio.com.au

Central West Orthopaedic &
Sports Physiotherapy
Suite 203, 30 Campbell St
Blacktown NSW 2148
Tel (02) 9672 3511
www.centralwestphysio.com.au

Westmead Private
Physiotherapy Services
Westmead Specialist Centre
Suite 6, 16-18 Mons Rd
Westmead NSW 2145
Tel (02) 9633 1035
www.westmeadphysio.com.au

Norwest Orthopaedic &
Sports Physiotherapy
Suite 117 Sky City,
20B Lexington Dr
Bella Vista NSW 2153
Tel (02) 8814 5551
www.norwestphysio.com.au