



Laura Gribbin

Physiotherapy (B.Phty)

Westmead Private Physiotherapy Services

Areas of Clinical Interest

- Women's health physiotherapy
- Management of female pelvic floor dysfunction
- Management of pregnancy related musculoskeletal disorders
- Acute post operative physiotherapy
- Orthopaedic post operative management
- Musculoskeletal physiotherapy

Personal Interests

- Playing AFL
- Dancing
- Music
- Travel

Academic Qualifications

2019 Bachelor of Physiotherapy
Australian Catholic University

Registration

- Australian Health Professionals Regulation Agency

Professional Memberships

- Member of Australian Physiotherapy Association

Professional Development

- Childbearing Years Research Update – WHTA 2020
- Women's Health Training Association Introduction to Women's Health Physiotherapy – 2019
- Pelvic Floor Research Update – WHTA 2019
- Level 1 Sports Trainer- Sports Medicine Australia – 2017

moving
through life

StaffBio083, Ver 1, Dec 20

Our physiotherapy services are available at:

Sports Physiotherapy &
Work Rehabilitation Centre
Suite 8 Broadwalk Arcade
458-470 High St
Penrith NSW 2750
Tel (02) 4721 5788
www.penrithphysio.com.au

Central West Orthopaedic &
Sports Physiotherapy
Suite 203, 30 Campbell St
Blacktown NSW 2148
Tel (02) 9672 3511
www.centralwestphysio.com.au

Westmead Private
Physiotherapy Services
Westmead Specialist Centre
Suite 6, 16-18 Mons Rd
Westmead NSW 2145
Tel (02) 9633 1035
www.westmeadphysio.com.au

Norwest Orthopaedic &
Sports Physiotherapy
Suite 117 Sky City,
20B Lexington Dr
Bella Vista NSW 2153
Tel (02) 8814 5551
www.norwestphysio.com.au