



Anthony Staffa

B.Sc. (Exercise & Sport Science), DPT (Dr of Phty)
Norwest Orthopaedic & Sports Physiotherapy

Areas of Clinical Interest

- Men's Health and Continence
- Return to sport
- Sports coverage
- Running Injuries
- Surfing Injuries
- Vestibular Physiotherapy

Personal Interests

- Spending time with my wife and son
- Running (Road and Trail races, Parkrun)
- Hiking/Tramping
- Surfing
- Swimming
- Cycling (Road)
- Traveling

Academic Qualifications

2022: Doctor of Physiotherapy (DPT) - Macquarie University
2005: Bachelor of Exercise and Sport Science (Athletic
Training) - University of Florida, Gainesville, FL, USA

Registration

- Australian Health Professionals Regulation Agency

Professional Memberships

- Australian Physiotherapy Association

Continuing Development

- Level 1 Sports Trainer, Sports Medicine Australia

Teams Worked With

- Norwest Bulls Junior Rugby Union
- Oakville United FCC 2021
- Olympia High School, Orlando, FL (All sports teams) 2015
- West Orange High School, Winter Garden, FL (All sports teams) 2007-2015
- University of Florida Football Team 2004

moving
through life

StaffBio092, Ver 1, Aug22

Our physiotherapy services are available at:

Sports Physiotherapy &
Work Rehabilitation Centre
Suite 8 Broadwalk Arcade
458-470 High St
Penrith NSW 2750
Tel (02) 4721 5788
www.penrithphysio.com.au

Central West Orthopaedic &
Sports Physiotherapy
Suite 203, 30 Campbell St
Blacktown NSW 2148
Tel (02) 9672 3511
www.centralwestphysio.com.au

Westmead Private
Physiotherapy Services
Westmead Specialist Centre
Suite 6, 16-18 Mons Rd
Westmead NSW 2145
Tel (02) 9633 1035
www.westmeadphysio.com.au

Norwest Orthopaedic &
Sports Physiotherapy
Suite 117 Sky City,
20B Lexington Dr
Bella Vista NSW 2153
Tel (02) 8814 5551
www.norwestphysio.com.au