



Morgan Stepniewski

Accredited Practising Dietitian (APD)
Western Sydney Nutrition and Dietetics
B.Sc (Nutrition & Food), MNutrDiet (Nutrition & Dietetics)

Areas of Clinical Interest

- Paediatric nutrition
- Diabetes management
- Irritable Bowel Syndrome & other gastrointestinal disorders
- Coeliac disease
- Women's health

Academic Qualifications

2020: Masters of Nutrition and Dietetics
Faculty of Science, The University of Sydney
Masters research project - Validating the use of the SGA in the critically ill: a retrospective audit of 403 patients.

2016: Bachelor of Science (Nutrition and Food)
School of Natural Science, The University of Western Sydney

Registration

Accredited Practising Dietitian (APD)

Professional Memberships

Member of the Dietitians Association of Australia (DAA)

Publications

Ferrie S, Weiss B, Chau H Y, Torkel S, Stepniewski M.
Association of Subjective Global Assessment with outcomes in the intensive care unit: A retrospective cohort study. Nutr Diet. 2022;79:572-581.

Completed Courses

- The low FODMAP Diet for Irritable Bowel Syndrome (Monash University)
- The Certificate of Paediatric Nutrition & Dietetics (The Royal Children's Hospital Melbourne)
- Clinical Dietetics for Bariatric Surgery (Dietitians Australia)

Areas of Interest

- Cooking for family & friends
- Board games
- Adventures with Smithers the labradoodle

StaffBio094/Ver1/March23

Our nutritional services are available at:

Sports Physiotherapy &
Work Rehabilitation Centre
Suite 8 Broadwalk Arcade
458-470 High Street
Penrith NSW 2750
Tel (02) 4721 5788
www.penrithphysio.com.au

Central West Orthopaedic &
Sports Physiotherapy
Suite 203, 30 Campbell St
Blacktown NSW 2148
Tel (02) 9672 3511
www.centralwestphysio.com.au

Westmead Private
Physiotherapy Services
Westmead Specialist Centre
Suite 6, 16-18 Mons Rd
Westmead NSW 2145
Tel (02) 9633 1035
www.westmeadphysio.com.au

Norwest Orthopaedic &
Sports Physiotherapy
Suite 117 Sky City, 20B Lexington Dr
Bella Vista NSW 2153
Tel (02) 8814 5551
www.norwestphysio.com.au