



Felicity Martin

B.Hum.Mov, B.Ed (PDHPE), DPT, Physiotherapist
Norwest Orthopaedic & Sports Physiotherapy - Bella Vista

Areas of Clinical Interest

- Women's Health
- Sports coverage
- Pilates and core stability
- Falls Prevention
- Vestibular

Academic Qualifications

2015: Doctor of Physiotherapy (DPT) - Macquarie University

2010: Bachelor of Secondary Education (PDHPE)-
University of Technology, Sydney

2009: Bachelor of Human Movement- University of
Technology, Sydney

Registration

- Australian Health Professionals Regulation Agency

Professional Memberships

- Australian Physiotherapy Association

Courses Completed

- Advanced Pelvic Floor: Pelvic Organ Prolapse/Stress Urinary Incontinence
- Introduction to Vestibular Rehabilitation in adults of all ages
- WHTA Introduction to Women's Health Physiotherapy
- Integrated Dry Needling
- Lyn Watson Level 1 Shoulder Course
- Lifestyle-Integrated Functional Exercise (LiFE) falls prevention program
- Essential Foot and Ankle Course
- APPI Pilates Matwork Level 1
- Level 1 Sports Trainer, Sports Medicine Australia
- Certificate III & IV in Fitness and First Aid

Teams Worked With

- Norwest Bulls Junior Rugby Union Club 2018-2020
- Hockey NSW State U18's Women's Team 2018
- Hockey NSW State U13's Boys Team 2017
- Hockey NSW State U18's Mens Team 2017
- NSW/ACT Women's AFL Academy- Ladies Youth and Opens Teams 2016/17
- Sydney Bears - Australian Ice Hockey League (2013-2015)

Personal Interests

- Playing Hockey, Touch Football/Austag
- Running and Gym
- Movie Enthusiast

moving
through life

StaffBio032, Ver 7, Aug 23

Our physiotherapy services are available at:

Sports Physiotherapy &
Work Rehabilitation Centre
111 Lethbridge St
Penrith NSW 2750
Tel (02) 4721 5788
www.penrithphysio.com.au

Central West Orthopaedic &
Sports Physiotherapy
Suite 203, 30 Campbell St
Blacktown NSW 2148
Tel (02) 9672 3511
www.centralwestphysio.com.au

Westmead Private
Physiotherapy Services
Westmead Specialist Centre
Suite 6, 16-18 Mons Rd
Westmead NSW 2145
Tel (02) 9633 1035
www.westmeadphysio.com.au

Norwest Orthopaedic &
Sports Physiotherapy
Suite 117 Sky City,
20B Lexington Dr
Bella Vista NSW 2153
Tel (02) 8814 5551
www.norwestphysio.com.au