



# Ben Swift

B.ExPhys (Exercise Physiology), M.Pthy (Physiotherapy)  
Westmead Private Physiotherapy

## Areas of Clinical Interest

- Sports injuries
- Musculoskeletal physiotherapy
- Orthopaedics
- ACL rehabilitation

## Academic Qualifications

2013 Bachelor of Exercise Physiology, University of NSW  
2016 Masters of Physiotherapy, University of Sydney

## Registration

- Australian Health Practitioner Regulation Agency (AHPRA)

## Teams Worked With

- Northern Suburbs Netball Association Physiotherapist 2022
- North Shore Bombers Head Physiotherapist 2021-2022
- Waverley College Physiotherapist 2018-2021
- North Shore Mariners Women's NPL Head Physiotherapist 2016-2017

## Professional Development

- APA Sports Physiotherapy Level 2
- APA Sports Physiotherapy Level 1

- ASCA Strength & Conditioning Coach
- Basic plaster & Synthetic casting

## Personal Interests

- Travel
- Rugby
- Tennis
- Family

moving  
through life

StaffBio099, Ver 1, June 23

## Our physiotherapy services are available at:

Sports Physiotherapy &  
Work Rehabilitation Centre  
Suite 8 Broadwalk Arcade  
458-470 High St  
Penrith NSW 2750  
Tel (02) 4721 5788  
[www.penrithphysio.com.au](http://www.penrithphysio.com.au)

Central West Orthopaedic &  
Sports Physiotherapy  
Suite 203, 30 Campbell St  
Blacktown NSW 2148  
Tel (02) 9672 3511  
[www.centralwestphysio.com.au](http://www.centralwestphysio.com.au)

Westmead Private  
Physiotherapy Services  
Westmead Specialist Centre  
Suite 6, 16-18 Mons Rd  
Westmead NSW 2145  
Tel (02) 9633 1035  
[www.westmeadphysio.com.au](http://www.westmeadphysio.com.au)

Norwest Orthopaedic &  
Sports Physiotherapy  
Suite 117 Sky City,  
20B Lexington Dr  
Bella Vista NSW 2153  
Tel (02) 8814 5551  
[www.norwestphysio.com.au](http://www.norwestphysio.com.au)