



Shraddha Khanwalkar

B. Physiotherapy

Norwest Orthopaedic & Sports Physiotherapy & Westmead Private Physiotherapy

Areas of Clinical Interest

- Women's health physiotherapy
- Management of female pelvic floor dysfunction
- Management of Incontinence, Pelvic Organ Prolapse and Pelvic Pain
- Pregnancy related musculoskeletal disorders
- Pilates and core stability

Personal Interests

- Travel
- Cooking
- Music
- Reading
- Photography

Academic Qualifications

Master of Clinical Physiotherapy -

Continence and Pelvic Health (In progress)

2005: Bachelor of Physiotherapy

Registration

- Australian Health Practitioner Regulation Agency (AHPRA)

Professional Memberships

- Australian Physiotherapy Association

Professional Development Courses

- 2022 APPI Matwork Pilates Level 1
- 2022 APPI Matwork Pilates Level 2
- 2022 APPI Ante / Post Natal Pilates
- 2022 APA Introductory Women's Health Physiotherapy
- 2022 APA Women Through life Stages - Part A
- 2023 APA Pelvic Health Physiotherapy - Part A and Part B

moving
through life

StaffBio101, Ver 1, Feb 24

Our physiotherapy services are available at:

Sports Physiotherapy &
Work Rehabilitation Centre
Suite 8 Broadwalk Arcade
458-470 High St
Penrith NSW 2750
Tel (02) 4721 5788
www.penrithphysio.com.au

Central West Orthopaedic &
Sports Physiotherapy
Suite 203, 30 Campbell St
Blacktown NSW 2148
Tel (02) 9672 3511
www.centralwestphysio.com.au

Westmead Private
Physiotherapy Services
Westmead Specialist Centre
Suite 6, 16-18 Mons Rd
Westmead NSW 2145
Tel (02) 9633 1035
www.westmeadphysio.com.au

Norwest Orthopaedic &
Sports Physiotherapy
Suite 117 Sky City,
20B Lexington Dr
Bella Vista NSW 2153
Tel (02) 8814 5551
www.norwestphysio.com.au