



Stephanie Leeson (nee Randall)

B.H.Sc. (Human Movement), M.Phty, Physiotherapist
Sports Physiotherapy & Work Rehabilitation Centre - Penrith

Areas of Clinical Interest

- Sports and musculoskeletal physiotherapy and injuries
- Netball injuries
- Ankle and knee pathologies
- Pre and post operative care
- Vestibular physiotherapy and vertigo
- Splinting / casting

Academic Qualifications

2014: Masters of Physiotherapy
University of Sydney

2012: Bachelor of Health Science
(Major in Human Movement)
University of Sydney

Registration

- Australian Health Practitioner Regulation Agency (AHPRA)

Professional Memberships

- Australian Physiotherapy Association (APA)
- Endorsed KNEE Program Provider
- Certified GLA:D Provider

Teams Worked With

- Panthers Premier League Netball Physiotherapist 2016/2017/2018/2024
- Penrith State Age Teams Netball 2015/2017/2018
- Penrith State Teams Netball 2016
- Blacktown Rugby Union 2014
- Penrith Netball Association
- National School Girls WA Team Physiotherapist 2015 (Netball)
- Softball NSW U19's Women's Team Physiotherapist 2018

- Asia Pacific Cup (APC) Australian Women's Softball Team Physiotherapist 2018
- Hockey NSW Women's U15's Team Physiotherapist 2017/2018
- Australian Women's Olympic Rowing Team 2023/2024

Professional Development Courses Completed

- APA Sports Level 2
- Matthew Stewart Foot and Ankle Course
- Lyn Watson Shoulder Course
- Dry Needling Level 1 Course
- Plastering Course
- Soft Tissue mobilisation
- APA Sports Level 1
- APPI Pilates Mat work Level 1
- SEPA Shoulder and Hand Seminar
- Injury Prevention in Netballers (Alanna Antcliff)
- Explain Pain
- NOTSA Vestibular Conference
- GLA:D for Hip and Knee OA
- Hip and Groin Symposium

Personal Interests

- Netball
- Snowboarding
- Spending time with family

moving through life

StaffBio040, Ver 5, March 24

Our physiotherapy services are available at:

Sports Physiotherapy &
Work Rehabilitation Centre
Suite 8 Broadwalk Arcade
458-470 High St
Penrith NSW 2750
Tel (02) 4721 5788
www.penrithphysio.com.au

Central West Orthopaedic &
Sports Physiotherapy
Suite 203, 30 Campbell Street
Blacktown NSW 2148
Tel (02) 9672 3511
www.centralwestphysio.com.au

Westmead Private
Physiotherapy Services
Cnr Mons & Darcy Roads
Westmead NSW 2145
Tel (02) 8837 9000
www.westmeadphysio.com.au

Norwest Orthopaedic &
Sports Physiotherapy
Suite 117 Sky City, 20B Lexington Drive
Bella Vista NSW 2153
Tel (02) 8814 5551
www.norwestphysio.com.au